



Year:	Year 5	Unit:	Relationships
What will I learn this year? Know that a personality is made up of many different characteristics, qualities and attributes - Know that belonging to an online community can have positive and negative consequences - Know that there are rights and responsibilities in an online community or social network - Know that there are rights and responsibilities when playing a game online - Know that too much screen time isn't healthy - Know how to stay safe when using technology to communicate with friends			
Key Vocabulary		What should I already know?	
Personal attributes, Qualities, Characteristics, Self-esteem, Unique, Comparison, Negative self-talk, Social media, Online, Community, Risky, Positive, Negative, Safe, Unsafe, Rights, Responsibilities, Social network, Gaming, Violence, Grooming, Troll, Gambling, Betting, Trustworthy, Appropriate, Screen time, Physical health, Mental health, Off-line, Social, Peer pressure, Influences, Personal information, Passwords, Privacy, Settings, Profile, SMARRT rules.		know some reasons why people feel jealousy - Know that jealousy can be damaging to relationships - Know that loss is a normal part of relationships - Know that negative feelings are a normal part of loss - Know that memories can support us when we lose a special person or animal - Know that change is a natural part of relationships/ friendship - Know that sometimes it is better for a friendship/ relationship to end if it is causing negative feelings or is unsafe	
		What will I learn next?	
		Know that it is important to take care of their own mental health - Know ways that they can take care of their own mental health - Know the stages of grief and that there are different types of loss that cause people to grieve - Know that sometimes people can try to gain power or control them - Know some of the dangers of being 'online' - Know how to use technology safely and positively to communicate with their friends and family	

