

Children and Family Wellbeing Service Burnley April to July 2025 (term time)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Thrive 10am-3pm Down Town (Town Centre above New Look) A variety of skills, employment and training advice all available in one place. If you are aged 16–24 and looking for help and advice come along and meet with a variety of our partners who have expertise in helping young people take their next steps. Step into Employment 10am–3pm Down Town (Town Centre above New Look) Support available with your employability needs. From support with CVs, to job search, and interview techniques. Advocacy Focus 10am–2pm 16c Hargreaves Street, Burnley Support for individuals facing health and social care challenges and assistance, housing, benefits, access to training, education, and employment. Baby and You 1.15pm- 2.45pm The Chai Centre Family Inside Out Come along to our themed family sessions with games, activities and hot food and drinks available 3-5pm Tay Street Family Hub Please note food not available after 4.30pm Chill and Chat A range of services available for young people to come and speak to confidentially 3:30-5:30pm Burnley Zone 	Chat Play Read 9.30am-11.00am Tay Street Family Hub Stay & Play 9:30am -11:00 am Stoneyholme Nursery March Street BB12 0BU Advocacy Focus 10am–2pm 16c Hargreaves Street, Burnley Support for individuals facing health and social care challenges and assistance, housing, benefits, access to training, education, and employment. Our community team is on hand to provide 1-1 advocacy support for a range of issues and is here to help you live the life you want to live. Infant Massage 10:30am- 12noon Down Town – to book your place call 01282 470707 Craft & Chat 12:30pm-1:30pm Down Town (Town Centre above New Look) Craft session for children and parents, term time only Busy Bees with Home-Start 1-2:30pm Burnley Wood Family Hub Parent/carer support group, for those who have children with additional and/or behavioural needs. POWAR (SEND Youth Participation Voice) Youth Voice and Influence group to provide a space for young people with SEND to raise issues of importance. 8-15 yrs. 4:30-6:00pm 16-25 yrs 6:30-8:00pm. 	Citizens Advice 9am–11:30am Down Town Finance and benefits advice Living Well Check Infant Massage 9:30-11am The Chai Centre to book your place call 01282 470707 Employability drop-in 9.30am-11.30am - Burnley Wood Family Hub & 1.00pm-2.30pm – Tay Street Family Hub Burnley, Leisure and Culture Healthy weight Management (Adults) 10.00am-11.30am Burnley Wood Family Hub Chat Play Read 9.30am-11am Burnley Campus Smoke Free Lancashire stop smoking service (Appointment only) 0808 196 2638 10.30am-3.30pm Tay Street Family Hub Baby Clinic Drop-in with a member of the health visiting team alongside Stay and Play 1-3pm The Chai Centre Development Matters 1.15pm-2.15pm Tay Street Family Hub Mini Move and Groove 2.15-3.15pm Tay Street Family Hub Development Matters 1.15pm-2.15pm Burnley Wood Family Hub Mini Move and Groove 2.15-3.15pm Burnley Wood Family Hub Colorful Footsteps 4.00pm-5.00pm Burnley Wood Family Hub 5-11 yrs. S.E.N.D group with parents Family Inside Out Come along to our themed family sessions with games, activities and hot food and drinks available 3-5pm The Chai Centre Please note food not available after 4.30pm	Development Matters 9.30am-10.30am The Chai Centre Mini Move and Groove 10:30 – 11:30am The Chai Centre Strong Together domestic abuse support drop-in 10.00am-11:30am Down Town (Town Centre above New Look) Hear Now Family support drop-in. 10.00am-12noon New Neighbours Together St John's Church Hall, off Ivy St, Burnley, BB10 1TD Baby Clinic Drop-in with a member of the health visiting team 9:30-11:30am Burnley Wood Family Hub Messy play alongside Baby Clinic 9:30 – 11:30am Burnley Wood Family Hub Advocacy Focus 10am–2pm 16c Hargreaves Street, Burnley Support for individuals facing health and social care challenges and assistance, housing, benefits, access to training, education, and employment. Our community team is on hand to provide 1-1 advocacy support for a range of issues and is here to help you live the life you want to live. Baby and You 1.15pm-2.45pm Ightenhill Centre Smoke Free Lancashire stop smoking service (Appointment only) 0808 196 2638 1.30pm-4.00pm Burnley Wood Family Hub Family Inside Out Come along to our themed family sessions with games, activities and hot food and drinks available 3-5pm Burnley Wood Family Hub Please note food not available after 4.30pm	Baby and You 9.30am-11.30am Tay Street Family Hub Chat Play Read 9.30am-11.00am The Chai Centre Baby and You 9.30am-11.00am Burnley Wood Family Hub Baby Clinic Drop-in with a member of the health visiting team 9:30-11:30am Tay Street Family Hub ICANN 10am–2pm Down Town Need help with a benefits form. Appointments available. PIP * ESA50 * UC50 * CHILD DLA * AA Lactation Clinic By appointment only 1.00-4.00pm Tay Street Family Hub N.C.T. Infant Feeding Support group 1.00-2.30pm Tay Street Family Hub  If you have any questions, concerns or need support - however you're feeding your baby - you can speak to our friendly breastfeeding counsellors free of charge by calling our support line on 0300 330 0700. The line is open every day from 8am to midnight, including bank holidays Burnley Family Hub  Find us on: facebook®	M.A.T.C.H. 10.00am-12noon Men and their children group for dads, grandads, and male carers with their children. Breakfast and activities suitable for ages 0-11 years old. 1st Saturday in every month. Burnley Wood Family Hub Include Me Session for SEN children and their families. 10am-12noon Burnley Wood Family Hub 1st Saturday in every month. Trek Talk for men and their children (mums welcome!) 10.00am-12noon 3rd Saturday of every month Themed monthly walk; from Burnley Wood Family Hub 1 hour walk followed by drinks and snacks in the Centre Family Play Saturday 10.00am-12noon 3rd Saturday in the month Everyone welcome children 0- 11 with parents Burnley Wood Family Hub Children and Family Wellbeing Service Welcome Form  Scan QR Code to Complete Electronic Welcome Form

For services and support available for young people aged 12-19yrs+ see Burnley Youth Zone on Facebook or e mail cfwburnleyyouthwork@lancashire.gov.uk

Tay Street Family Hub Tay Street Burnley 01282 470891 BB11 4BU	The Chai Centre Hurtley Street Burnley 01282 628530 BB10 1BY	Burnley Wood Family Hub 33 Brunswick Street Burnley 01282 470707 BB11 3NY	Whitegate Nursery Victoria Road Padiham 01282 772283 BB12 8TG	Ightenhill Centre Oak Street Burnley 01282 470895 BB12 6QZ	Burnley Zone & Family Hub Whittam Street, Burnley BB11 1LW	Burnley Campus Library Barden Lane Burnley 0300 123 6703 BB10 1JD	Down Town 01282 686402 Burnley Above New Look 
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Children and Family Wellbeing Service Burnley

Family Inside Out

Themed family sessions



FREE family session with hot food and drinks, games and activities linked to our theme of the week



Monday's - Tay Street Family Hub, BB11 4BU
Wednesday's - The Chai Centre, Hurtley Street, BB10 1BY
Thursday's - Burnley Wood Family Hub, 33 Brunswick Street, BB11 3NY
3-5pm during term time

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hcrq Care Group

FAMILY HUBS NETWORK

Supporting children, young people and families to succeed in Lancashire

Bump, Birth & Beyond

In Person Group

Meet other parents and prepare for the birth of your baby!

Face to face group | Multiple dates & locations 5.30-7.30pm

To book onto BBB contact the team at your local Family Hub in Burnley on **01282 470707** or visit the website by scanning the QR code below, to search BBB sessions taking place across the county.



Held over 2 consecutive weeks 5.30-7.30pm

Multiple locations across Lancashire

See the website for upcoming sessions

HOT SNACKS & DRINKS AVAILABLE!

Burnley Family Hubs Partnership

CHILL & CHAT

@ BURNLEY ZONE

DROP IN FOR 12-19+ YEAR OLDS

MONDAYS 3:30-5:30PM

A RANGE OF SERVICES WILL BE AVAILABLE FOR YOU TO SPEAK TO CONFIDENTIALLY:

Emotional health / Vaping / Advice & support around drugs / Youth employment / Sexual health / Youth services & activities




Recovery and Empowerment Programme

Come along and get on the road to recovery.

A warm and informative group for women focused on you and your recovery, packed with useful wellbeing and empowerment tools to support you find your power again.

Tuesday 12.30pm -2.30pm @ Down Town, above New Look



Friendly, non-judgemental drop-in for advice and support around breaking the cycle of domestic abuse

Thursday 10am-11.30am
Down Town
above New Look in
Burnley town centre

This drop-in is also suitable for professionals for advice

No booking required, just call in

Burnley Children and Family Wellbeing Service would like to invite Dads, Grandads and male carers to

M.A.T.C.H.

Men And Their Children on the 1st Saturday, every month.

Join us for breakfast, games & activities suitable for children from birth to 11 years old

No need to book!!



We can't wait to see you!!

Burnley Wood Family Hub,
Brunswick St, Burnley
BB11 3NY

LANCASHIRE FAMILY HUBS NETWORK

Burnley Wood Family Hub

3rd Saturday each month
No need to book!!!!

FAMILY PLAY SATURDAY

Families with children age 0-11

10am-12noon

Breakfast

Arts & Crafts

Fun & Games

EVERYONE WELCOME

Burnley Wood Family Hub, Brunswick Street Burnley BB11 3NY

Include Me

Family SEN session

LANCASHIRE FAMILY HUBS NETWORK

Family play session for children with physical, learning, behavioural or emotional difficulties

1st Saturday each month

10am-12noon Breakfast provided

Burnley Wood Family Hub, 33 Brunswick St
Burnley BB11 3NY

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TREK TALK

Fathers | Grandparents | Carers

MONTHLY WALKS FOR MEN AND CHILDREN
3rd Saturday of every month

3rd Saturday every month 10am-12pm

1 hour walk
Pram friendly routes

Burnley Wood Family Hub

33 Brunswick street
BB11 3NY

FREE

enquiries@shine-coaching.com

THE GUIDE

- Wear suitable footwear & clothes
- Refreshments available
- Keep it fun & friendly

AGES 0-11

