

VOLUNTEER ROLE DESCRIPTION

Volunteer Parent Group Leader Opportunity Empowering Parents Empowering Communities Programme

Empowering Parents, Empowering Communities (EPEC) is a successful, popular and unique approach to parenting. The Programme is a tried and tested improving the impact and effectiveness of local parenting programmes whereby the programme is delivered and led by local parents for local parents.

The EPEC courses are led by local parents known as Parent Group Leaders (PGLs) who will have completed the accredited EPEC training and will receive regular support from the local Burnley EPEC Hub. This will involve attending an accredited training course and on completion each of the PGLs will receive regular support and supervision to fulfil the role.

As a Parent Group Leader, you will directly contribute to the success of the Burnley Parenting Programme through achieving participation levels and objectives that could not be achieved without the involvement of local parents and communities.

This is an exciting opportunity to help develop new skills, build confidence, improve interpersonal skills, become confident in utilising digital to communicate whilst you will also have access to a range of additional training and development opportunities within Virgin Care.

What will I be doing?	The Parent Group Leader will be responsible for facilitating and delivering a Being a Parent (BAP) course to parents in your community.
When can I volunteer?	The Parent Group Leader training will require a commitment equivalent to ten full day sessions over a ten-week period which will commence in January 2021. The Being a Parent (BAP) courses will require you to facilitate nine half day sessions which will commence in April 2021.
Where will I be volunteering?	The Parent Group Leader (PGL) training and the Being a Parent (BAP) courses will all be delivered in Burnley.
Who will be there with me?	The staff from the EPEC Burnley Hub will be on hand to support you and deal with and issues or

	concerns. The courses will be delivered by two Parent Group Leaders who will share responsibility for the facilitation of the Being a Parent session.
Training resources and support	Full training will be provided to deliver the Being a Parent course and further personal development training will be offered which will include: * health and safety training * safeguarding * confidentiality and data protection
Is this opportunity for me?	This opportunity would suit you if you are: * Friendly, reliable and have an approachable manner * Polite and courteous at all times * Interested in developing your communication and facilitation skills * Interested in developing your digital technology skills * Able to deal with confidential and sensitive information * Able to listen and empathise with the views and contributions of others
What will I get from volunteering?	* Learn to lead practical, caring groups for local parents * Opportunity to share tried and tested methods that give children the best start in life * Join a group of like-minded parents to make a difference to your community * Improves your confidence, qualifications and future employability * Receive free training and support from the Burnley EPEC Team

Other benefits

- * All reasonable travel expenses will be reimbursed
- * All reasonable childcare costs will be reimbursed
- * Refreshments & Lunches provided at attendance at all courses