

PASSPORT TO **SAFER** **CYCLING**

This is to certify that

has completed
Module 1
cyclist's workpack

This covered:

- Making sure a bicycle is safe to ride and how to keep it secure
- Knowing the number of children injured on Lancashire's roads whilst riding a bicycle
- The importance of wearing a cycling helmet and high visibility clothing
- How road users communicate by using signals
- What different road signs and markings mean
- Studying how to control a bicycle, turn left and right, overtake and use roundabouts
- Successfully completing an assessment tasksheet

Date



PASSPORT TO **SAFER** **CYCLING**

This is to certify that

has completed
Module 2
off road training

This covered:

- Starting and stopping
- Pedalling and braking
- Accurate steering
- Turning left and right at simulated junctions
- Overtaking an obstacle such as a parked car
- Undertaking a successful assessment of cycle control

Date

