



Physical Education

Knowledge Organiser

Year 3 Invasion Games

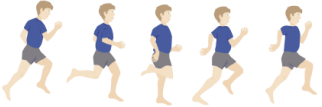
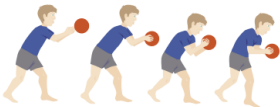
National Curriculum links: To use running, jumping, throwing and catching in isolation and in combination

To play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending

Key values and vocabulary	Learning	Breakdown of skills/success criteria
<u>Values</u> - Respect - Co-operation - Teamwork <u>Vocabulary</u> - accuracy - technique - invasion - space - attacking	Previous learning	<u>Aim and success criteria of invasion games for year 3</u> - Children will learn to apply their understanding and skills from KS1. - Children will improve their accuracy in throwing and catching, and they will learn new invasion game sport specific techniques. <u>Skills breakdown for invasion games</u>
	In year 2, children will perform fundamental movement skills at a developing level and start to master some basic movements in; - Travelling skills - Sending skills - Receiving skills They will also focus on the following FMS skills; - Underarm throw - Catching - Running - Dodging - Striking a ball - Side gallop	<u>Running</u> - Definite flight phase - Stride length at max - Complete extension of support leg - Arms bent at 90 degrees and swing back and forwards in opposition to legs - Non-support knee bends 90 degrees
	Year 3 learning	<u>Throwing (overarm)</u> - Arm is swung backward in preparation - Opposite arm is raised for balance/direction - Weight transfers from back foot to front foot, with a step with foot opposite to throwing arm. - Definite turning of the body through legs, hips and shoulders. <u>Catching</u> - Body moves directly in path of the ball - Eyes follow the ball into hands

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Key knowledge	Future learning	
Children need to learn how to move into space to receive a ball. They also need to learn how to pass a ball to a player in space when playing an invasion game.	In year 4, the children will learn to master fundamental movement skills and start to develop sport specific skills performing them with consistency and accuracy. The children will develop the following skills: · running · a range of passes · dodging · catching · bouncing a ball · shooting a ball	· Arms “give” on contact to absorb the force of the ball · Arms adjust to flight of the ball · Hands grasp ball in well-timed motion Bouncing a ball · Ball held at waist height · Ball pushed down to ground, following through with arm, wrist and fingers · Relaxed fingertips control the bounce · Can control the height of the bounce consistently
Supporting resources		
Running 	Overarm throw 	Catching  Bouncing a ball 