



Physical Education

Knowledge Organiser

Year 3 outdoor and adventurous activities

National Curriculum links: To take part in outdoor and adventurous activity challenges both individually and within a team

Key values and vocabulary	Learning	Breakdown of skills/success criteria
<u>Values</u> - Trust - Self-discipline - Communication <u>Vocabulary</u> - orientation/orientate - trails - navigate - accuracy	Previous learning	<u>Aim and success criteria for year 3 outdoor and adventurous activities</u> - Children will take part in simple trust and orientation activities using maps and diagrams. - They will be expected to work on their own and in small groups. - Children will learn to use simple maps and follow simple trails.
	Focus in year 2 are the Fundamental Movement Skills (FMS).	
	Year 3 learning	
<u>Key knowledge</u> To orientate a map and complete the Counting Cones Challenge. To know where they are on a map at all times using a variety of different routes.	In year 3, children will master most fundamental skills from KS1 and start to develop specific skills and perform them with some accuracy and extension. These skills will include: - Orientate a map - Use a control card - Navigate a course safely	
	Future learning	
To orientate a map and complete the Counting Cones Challenge. To know where they are on a map at all times using a variety of different routes.	In year 4, children will master fundamental movement skills and start to develop specific skills performing them with consistency, accuracy and some control. These skills will include: - Traveling and balancing safely when carrying out challenges - Demonstrating team work skills during planning, doing and reviewing.	
Supporting resources		

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