



Physical Education

Knowledge Organiser

Year 4 outdoor and adventurous activities

National Curriculum links: To take part in outdoor and adventurous activity challenges both individually and within a team

Key values and vocabulary	Learning	Breakdown of skills/success criteria
<u>Values</u> - Resilience - Problem-solving - Teamwork <u>Vocabulary</u> - orientation/orientate - trails - navigate - accuracy - communication - teamwork - responsibility	Previous learning	<u>Aim and success criteria for year 4 outdoor and adventurous activities</u> - Children will be set physical challenges and problems to solve. - They will take part in a range of communication activities to develop problem solving skills in some adventure games. - The problem-solving tasks they tackle, will require more teamwork, with clearly defined roles and responsibilities.
	In year 3, children will master most fundamental skills from KS1 and start to develop specific skills and perform them with some accuracy and extension. These skills will include: - Orientate a map - Use a control card - Navigate a course safely	
	Year 4 learning	
	In year 4, children will master fundamental movement skills and start to develop specific skills performing them with consistency, accuracy and some control. These skills will include: - Traveling and balancing safely when carrying out challenges - Demonstrating team work skills during planning, doing and reviewing.	
Key knowledge	Future learning	
To be able to understand how to complete a series of challenges.	In year 5, children will continue to develop specific skills and perform with consistency, accuracy, confidence and control. These skills will include: - Knowing how to keep the map 'set' or 'orientated' when they move around a simple course. - Know the eight points of a compass - Record information accurately at the control markers. - Navigate to a control marker on a score event course.	

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Supporting resources