



Physical Education

Knowledge Organiser

Year 6 outdoor and adventurous activities

National Curriculum links: To take part in outdoor and adventurous activity challenges both individually and within a team

Key values and vocabulary	Learning	Breakdown of skills/success criteria
<u>Values</u> - Resilience - Problem-solving - Teamwork - Respect - Co-operation - Communication <u>Vocabulary</u> - orientation/orientate - trails - navigate - accuracy - communication - teamwork - responsibility - compass - control - trust - complex	Previous learning	<u>Aim and success criteria for year 6 outdoor and adventurous activities</u> - Children will take part in more complex orienteering events. - They will learn how to read maps more accurately and to adapt their skills to meet challenges set in new environments. - They will research and undertake a journey safely and will develop the skills and understanding to become more self-reliant. - Children will also take on more demanding leadership roles and will learn how to take the initiative more often.
	Year 6 learning	
	In year 5, children will continue to develop specific skills and perform with consistency, accuracy, confidence and control. These skills will include: - Knowing how to keep the map 'set' or 'orientated' when they move around a simple course. - Know the eight points of a compass - Record information accurately at the control markers. - Navigate to a control marker on a score event course.	
Key knowledge	Future learning	
Children need to understand how to take part in different competitive orienteering activities.	Secondary school outdoor and adventurous curriculum To take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group	

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Supporting resources